

# Isadora's Cafe

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## Breakfast

Egg Whites \$0.50 Additional

### Egg Sandwiches

1 Egg / 2 Eggs

Egg On a Roll or Bagel	1.50	1.95
Egg On Croissant	1.95	2.45
Egg With bacon, ham or sausage	2.35	2.85
With turkey bacon, on turkey sausage	2.35	2.85
Steak & Two Eggs		3.25

### Egg Platters

Served with Home Fries or Hash Browns & Toast

One Egg Any style	2.75
Two Eggs Any style	2.95
2 Eggs With bacon, ham or sausage	3.95
With canadian bacon	3.95
With corned beef hash	4.25
With turkey bacon or turkey sausage	3.95
Steak & Two Eggs Any style	4.50
English Muffin or Bagel With platters extra	.50

### Breakfast Fajitas or Quesadillas - \$3.95

On Your Choice of Tomato, Spinach, Whole Wheat or Plain Tortilla

Western Fajita Scrambled eggs with peppers, onions and ham	.....
The Veggie Scrambled eggs, peppers, onions, tomatoes, mushrooms	.....
Popeye Scrambled eggs with spinach	.....
The Healthy Egg whites with turkey sausage and chives	.....

Or Create Your Own Fajita, We'll Gladly Make It for You

### French Toast & Pancakes

Served with Buttery Syrup

Challah Bread French Toast	3.25
Pancakes	3.25
With bacon, ham or sausage	4.25
With fresh strawberries	4.75
With two fried eggs	4.25
Banana Pancakes	3.75

### Omelets

Served with Home Fries or Hash Browns & Toast

1. American or Swiss Cheese	3.50
2. Western With onions, peppers and ham	4.25
3. Mushroom & Cheese	4.25
4. Mediterranean Swiss cheese and tomatoes	4.25
5. Greek With swiss cheese and tomatoes	4.25
6. Italian With mozzarella cheese and tomatoes	4.25
7. Meat Lovers With bacon, ham, sausage	4.75
8. Florentina Bacon, ham, sausage	4.75
9. California Mushrooms, avocado, tomatoes and low fat swiss or muenster cheese	4.75
10. Four Seasons Spinach, mushrooms, broccoli, tomato	4.75
11. Spinach	4.25
12. Nova Scotia	5.95
13. Garden Broccoli, spinach and mushrooms	4.50
14. Roasted Vegetable	4.50
English Muffin or Bagel With omelets extra	.50

### Health Shakes

1. Shakes Vanilla, chocolate, strawberry, or black and white	3.25
2. Malted	3.50
3. Cappuccino Chocolate, vanilla, or low fat vanilla	4.25
4. Banana Split Chocolate, vanilla, or low fat vanilla	4.25
5. Low - Cal Shake Vanilla	3.50
6. Banana Health Fresh bananas with skim milk, vanilla non fat yogurt and wheat germ	3.95
7. Orange Health	4.25
8. Tropical Health Fresh assorted fruits blended with vanilla non fat yogurt	4.75

### Sandwiches

#### Deli Sandwiches

Baked Virginia Ham	5.95
Black Forest Ham	5.95
Bologna	4.25
Boiled Ham	5.25
Capicola Ham	5.25
Genoa Salami	4.95
Liverwurst	4.50

Sopresata Salami	5.95
Pastrami Seasoned Hot	5.95
Corned Beef Hot	5.95
Pepperoni	4.75
Italian Prosciutto	6.75
Roast Beef Top round	5.95
Cajun Roast Beef	5.95
Maple Glazed Turkey	5.95
Cajun Smoked Turkey Breast	5.95
Pastrami Turkey Breast	5.95
Smoked Turkey Breast	5.95
Salsalito Breast of Turkey	5.95
Peppermill Smoked Turkey	5.95
Fresh Roasted Turkey	6.95

### Salad Sandwiches

Pink Italian Tuna Low fat	5.25
Chunky Chicken	5.25
White Meat Tuna	5.25
Chicken Honey Mustard	5.25
Deluxe Shrimp Salad	6.50
Crabmeat Salad	5.95
Egg Salad	4.50
Tuna Individual	4.95

### Classic Sandwiches - \$6.95

- Grilled Chicken With roasted peppers, watercress and herb mayo on a baguette.
- Grilled Chicken Breast With lettuce, tomato and lemon dijon dressing on a baguette
- Grilled Eggplant With fresh mozzarella, roasted peppers and pesto sauce on a baguette
- Fresh Carved Turkey With crispy bacon, lettuce and tomato on jewish rye with russian dressing
- Smoked Turkey & Fresh Mozzarella With fresh basil, sun dried tomatoes, sliced avocado and mustard on rye bread
- B B Q Chicken Breast With fresh mozzarella cheese, basil, sun dried tomatoes, and honey mustard on a baguette
- Fresh Mozzarella & Tomato With basil, olive oil and vinegar on a baguette
- Italian Light Tuna On black russian bread with lettuce, tomato, and herb mayonnaise
- Grilled marinated Chicken With lettuce, sliced cucumbers, and italian dressing, on whole wheat pita
- Fresh Mozzarella With sun dried tomatoes and basil pesto sauce on focaccia bread
- Black Forest Ham & French Brie On black russian bread with honey mustard.
- Cajun Roast Beef Jarlsberg cheese, roasted peppers, and romaine lettuce, on italian bread
- Imported Prosciutto Fresh mozzarella with sun dried tomatoes on focaccia with vinaigrette
- Grilled marinated Vegetables With fresh mozzarella and spinach on focaccia with bread
- Cajun Smoked Turkey Bacon and monterey jack with avocado, lettuce, tomato, with mayo on black bread
- Sopresata Salami Fresh mozzarella, capicola, roasted red peppers and lettuce with italian dressing on italian bread
- Avocado Seasonal with tomato brie cheese, romaine lettuce, herb mayonnaise in pita bread
- Cajun Chicken Breast With sweet roasted peppers, romaine lettuce and tomato on black russian bread
- Smoked Turkey and French Brie With plum tomatoes, lettuce, honey mustard on french baguette
- Peppermill Turkey Lacey swiss, romaine lettuce, plum tomatoes, onions and honey mustard on a toasted seeded hero

### Triple Decker Sandwiches - \$6.95

- Chicken Salad & Bacon With tomato and cole slaw on rye
- Corned Beef, Pastrami & Swiss With cole slaw and russian dressing on jewish rye bread
- Liverwurst B. L. T.
- Egg Salad B. L. T.
- Hot Roast Turkey B. L. T. Melted american cheese and mayo
- Chunky Tuna Egg, lettuce and tomato
- Peppermill Turkey With cream cheese and imported swiss with romaine lettuce, sun dried tomatoes and artichoke hearts on pumpnickel bread
- Smoked Turkey, Cheddar Cheese B. L. T. On White Bread
- White Tuna Sliced egg, lettuce, tomato and bermuda onion
- Club Decker, Turkey, B. L. T. With mayo white toast

### Cold Submarines - \$6.95

- American With liverwurst, bologna, ham, american cheese, lettuce and tomato

- Italian With genoa salami, provolone, capicola ham, hot peppers, anchovies, pimientos, lettuce, tomato, olive oil, and vinegar
- Grilled Vegetarian Sub Grilled marinated veggies with fresh mozzarella
- Roast Beef, Turkey and Swiss With cole slaw and russian dressing

### Combinations - \$6.95

- Grilled Chicken and Avocado With arugula, watercress, tomato and creamy honey mustard on casazecio slice bread
- Turkey, Genoa Salami Provolone cheese with pesto, mayo and sun dried tomatoes on focaccia
- Glazed Turkey With sun dried tomatoes, herb mayo, arugula and watercress on casazecio
- Smoked Turkey With sundried tomatoes
- Roasted Turkey Swiss cheese with tomato, lettuce, and russian dressing on casazecio baguette
- Chicken Cutlet Fresh mozzarella, roasted peppers, leaf lettuce, plum tomatoes with honey mustard on semolina bread
- Baked Virginia Ham and Turkey Bread With swiss cheese, cole slaw, lettuce, tomato on sesame twist
- Black Forest Ham With swiss cheese, lettuce, tomato and herb mayo on casazecio baguette
- Salsalito Turkey Breast Lacey swiss with plum tomatoes, romaine lettuce, watercress and a light vinaigrette on pumpnickel bread
- Sopresata Salami and Sun Dried Tomatoes With marinated red peppers, lettuce and olive oil on ciabattini hero
- Genoa Salami & Capicola Ham With provolone, lettuce and vinaigrette on sesame twist bread
- Nova Scotia Salmon Romaine lettuce, tomato, red onion and cream cheese on a bagel
- Cajun Roast Beef With melted american cheese, roasted peppers, lettuce and tomato on casazecio baguette
- Italian Prosciutto Provolone with lettuce and roasted peppers and ciabattini hero
- Roast Beef & Picante Provolone cheese with sweet red peppers, diced black olives and fresh ground black pepper on italian semolina
- Cajun Chicken Monterey Cheese Romaine, tomato, herb mayo on black russian bread

### Cheese Sandwiches

Imported Swiss	4.50
Cheddar	4.50
Provolone	4.25
Monterey Jack Mild	4.25
American	4.95
Muenster	4.25
Jarlsberg	4.25
Havarti	4.50
Imported Brie	4.75
Fresh Mozzarella	5.25

### Gourmet Wraps - \$6.75

Choice of Plain, Whole Wheat, Spinach, Sun Dried Tomato Tortilla

### Chef Salads

- Turkey, Ham, Swiss Garnished with egg wedges, tomatoes, cucumber, carrots, olives, pimientos on tossed salad with dressing
- Virginia Ham - Roast Beef Swiss cheese and salami on tossed salad with dressing
- Chicken Caesar Grilled breast of chicken, hearts of romaine lettuce, croutons and romano cheese
- Mesclun Salad With grilled chicken strips, with plum tomatoes, shaved carrots, sliced cucumbers and your choice of dressing
- Vegetarian Salad Mesclun greens mixed with carrots, broccoli, cauliflower, red and green peppers and served with balsamic vinegar and olive oil
- Cajun Mediterranean Strips of marinated grilled chicken, roasted peppers, and sliced avocado over garden salad

### Extras

add

Hero, Roll, Bagel, Pita	30
Cheese or Tomatoes or Tortilla Wraps	50
Croissant, Baguette, Focaccia, Sourdough	1.00

### Salad Platters

Served on Bed of Garden Greens with Choice of Cole Slaw, Macaroni or Potato Salad. Small / Large

Chicken or Tuna Salad	5.25	6.95
Crabmeat Supreme	5.50	6.95
Egg Salad	4.50	6.95
Deluxe Shrimp Salad	6.50	7.50
Low Fat Pink Italian Tuna	5.50	6.95



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### Create Your Own Salad

Choose Your Own Base - \$2.95

Dressings: Golden Italian, Russian, Caesar, Balsamic Vinaigrette (Lite), Peppercorn, Oil & Vinegar, Ranch Creamy, Bleu Cheese, Raspberry Vinaigrette, Extra Virgin Oil, Asian Sesame Ginger

Crisp Romaine	.....
Mixed Greens	.....
Baby Spinach	.....
Organic Mesclun	.....

\$1.50

Chunky White Tuna	.....
White Meat Roast Turkey	.....
Pink Italian Tuna <i>Low fat</i>	.....
Boiled Ham	.....
B B Q Chicken	.....
Smoked Turkey	.....
Crab Meat Flakes	.....
Bocconcini Fresh Mozzarella	.....
Diced Cajun Chicken	.....
Artichoke Hearts	.....
Grilled Herb Chicken	.....
Portobello Mushroom	.....
Tofu <i>All natural</i>	.....

\$0.75

Egg Whites	.....
Sun Dried Tomatoes	.....
Cheddar Cheese	.....
Boiled Egg	.....
Chopped Bacon	.....
Monterey Jack Cheese	.....
Grilled Asparagus <i>Seasonal</i>	.....
Avocado <i>Seasonal</i>	.....
Feta Cheese	.....
Walnuts	.....
Shredded Jack Cheese	.....
Sunflower Seeds	.....
Crumbled Blue Cheese	.....
Roasted Red Peppers	.....
Stuffed Vine Leaves <i>With rice</i>	.....
Kalamata Olives	.....
Sliced Fresh Mushrooms	.....
Sliced Almonds	.....
Green Peas	.....

\$0.50

Tri Color Peppers	.....
Cherry Tomatoes	.....
Seedless Cucumbers	.....
Plum Tomatoes	.....
Roasted mixed Veggies	.....
Broccoli Florets	.....
Sweet Corn Chick Peas	.....
Alfalfa Sprouts	.....
Red Kidney Beans	.....
Golden Raisins Shaved Tomato Cheese	.....
Penne Pasta	.....
Roasted Cauliflower	.....
Chinese Noodles	.....
Celery Sticks	.....
Sliced Beets	.....

Grilled marinated Shrimp	.....	2.00
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### Hot Platters or Heros

Platters Are served with Choice of Rice or Potato, Steamed Vegetable & Dinner Roll.  
Hero / Platter

Chicken Cutlet	.....	6.50	7.75
Chicken Cutlet Parmigiana	.....	6.75	7.95
Eggplant Parmigiana	.....	6.00	7.50
Fresh Roast Turkey <i>With gravy</i>	.....	7.25	7.95

Pastrami, Roast Beef, Corned Beef <i>Hot</i>	.....	6.25	7.95
Chicken Fingers <i>French fries and veggies. (platter)</i>	.....	.....	7.95
Meatballs Parmigiana <i>With spaghetti and sauce</i>	.....	6.95	7.95
Gyro Platter <i>Beef or chicken. (platter)</i>	.....	.....	6.95
Gyro On Pita Sandwich <i>Beef or chicken. (platter)</i>	.....	.....	5.00

### Hot Grilled Paninis - \$6.35

1. Tuna Melt <i>Fresh tuna, cheddar cheese, lettuce, plum tomatoes on european bread</i>	.....
2. Grilled Eggplant and Fresh Mozzarella <i>With lettuce, tomato and pest on giabatta bread</i>	.....
3. Chicken Fajita <i>Grilled chicken, cheddar cheese, roasted peppers, caramelized onions, and salsa on flatbread</i>	.....
4. Russian <i>Roast beef, muenster cheese, caramelized onions, lettuce, plum tomatoes, and russian dressing on flat bread</i>	.....
5. Chicken Parmigiana <i>Chicken cutlet, fresh mozzarella, tomato sauce and herbs on italian baked bread</i>	.....
6. Vegetarian <i>Grilled veggies marinated in balsamic vinegar with fresh mozzarella on fresh focaccia</i>	.....
7. Prosciutto Provolone <i>Sun dried tomatoes, artichoke hearts, mushrooms and fresh basil on italian bread</i>	.....
8. Delightful <i>Honey glazed turkey, jarlsberg cheese, cole slaw and honey mustard on european flatbread</i>	.....
9. The Combo <i>Pastrami, corned beef, provolone cheese, lettuce, tomato, mustard and house dressing on european flatbread</i>	.....
10. Italiano <i>Grilled chicken, roasted peppers, fresh mozzarella and pesto sauce on european flatbread</i>	.....
11. Roasted Chicken B. L. T. <i>With herb mayonnaise dressing on 7 grain bread</i>	.....
12. Black Forest Ham, Swiss Cheese <i>Green peppers, sun dried tomatoes and sprouts on focaccia with dijonaise spread</i>	.....
13. Mozzarella Cheddar <i>Black olives, green peppers, roasted red peppers, mushrooms and cole slaw on flatbread</i>	.....
14. Grilled Chicken <i>Fresh mozzarella, with arugula, oven roasted tomatoes and pesto sauce on giabatta bread</i>	.....
15. The Sicilian <i>Turkey, prosciutto, swiss cheese and peppercorn dressing on european flatbread</i>	.....

### Heavenly Burgers

Beef Burger	.....	4.75
Cheese Burger	.....	5.00
Pizza Burger <i>Mozzarella and marinara sauce</i>	.....	5.25
Turkey Burger	.....	5.25
Bacon Cheeseburger	.....	5.75
California Burger <i>Onions, lettuce, tomato, mayo</i>	.....	5.50
Veggie Burger	.....	5.50
Grilled Cheese	.....	3.95
<i>Ham or bacon and tomato</i>	.....	5.50
<i>Deluxe Burgers Are served with French Fries, Lettuce, Tomato, Cole Slaw and Pickles \$2.00 Extra</i>	.....	.....

### Calorie Counter

Small / Large

Isadora's Health Snack <i>Low fat yogurt, granola, fresh straw berries, kiwis and black berries</i>	.....	2.95	3.95
Fresh Fruit Salad <i>At least 5 seasons fruit</i>	.....	3.00	4.50
Caesar Salad <i>With herbed croutons and parmesan cheese</i>	.....	3.95	5.50
Garden Salad <i>Slices of tomato, cucumber, red peppers, carrots and iceberg lettuce</i>	.....	3.95	5.75
Greek Salad <i>Black olives, lettuce, tomatoes, cucumbers, feta cheese, peppers and stuffed grape leaves (anchovies optional)</i>	.....	5.00	6.50
Spinach Salad <i>Fresh spinach with bacon bits, chopped egg, mushrooms and carrots. lg</i>	.....	.....	5.50
Waist Watchers <i>Chunky Fresh fruit salad, low fat yogurt, cottage cheese, raisins and walnuts. lg</i>	.....	.....	6.50
Tropical Health Salad <i>Assortment of fresh fruit on a bed of lettuce, cottage cheese and jello. lg</i>	.....	.....	6.35
Diet Delights <i>Individual can of tuna on a bed of crispy lettuce with sliced tomatoes, cucumbers, and green peppers</i>	.....	.....	6.35

### Grilled Bar - \$6.95

1. Grilled Chicken Strips <i>Roasted peppers, onions and sauteed mushrooms with melted swiss cheese on italian bread</i>	.....
2. Philly Cheesesteak <i>Melted american cheese, sauteed mushrooms and onions with gravy on semolina bread</i>	.....
3. Monte Cristo <i>Virginia ham, turkey, melted swiss on grilled challah bread (dipped in egg batter)</i>	.....
4. Reuben <i>Corned beef topped with sauerkraut and melted swiss on grilled rye bread</i>	.....
5. Beef Steak Supreme <i>With melted cheddar, roasted peppers and onions on semolina</i>	.....
6. Meatballs <i>With melted parmesan cheese on italian hero</i>	.....
7. Pastrami Supreme <i>Served on a toasted bagel and melted imported swiss cheese</i>	.....
8. Hot Roast Beef Melted Swiss and Gravy <i>On French Bread</i>	.....

9. Hot Baked Virginia Ham <i>Melted muenster cheese, tomatoes and russian dressing on a baguette</i>	.....	
10. Bacon, Lettuce, Tomato <i>With mayonnaise on toast</i>	.....	3.95
11. Tuna or Chicken Salad Melt <i>Open face on grilled rye bread with american cheese</i>	.....	6.45
12. Grilled marinated Souvlaki <i>On pita bread</i>	.....	5.00
13. Cuban Sandwich <i>Roast pork, ham and melted swiss</i>	.....	.....

### Coffee Bar

Small / Large

Coffee	.....	1.00	1.25
Decaf	.....	1.00	1.25
Tea	.....	1.35	1.85
Assorted Tea	.....	1.15	1.35
Cafe	.....	1.00	1.85
.....	.....	2.50	3.50
.....	.....	2.50	3.50
Espresso	.....	2.00	3.00
Decaffeinated Espresso	.....	2.25	3.25
Decaffeinated Cappuccino	.....	2.50	3.50
Flavored Coffees <i>Hazelnut, french vanilla, armaretto</i>	.....	1.25	1.50
Iced Flavored Coffees	.....	1.00	2.00
Iced Cappuccino or Decaffeinated	.....	lg	3.50
Cappuccino Drink	.....	1.25	2.50
French Vanilla Drink	.....	1.25	2.50
Hot Chocolate Drink	.....	1.50	2.25

### Isadora's Pizza

Classic Pie / Slice - \$1.95 / 10" Ind 4 Slices - \$4.95 / 10" 4 Slices (Ind. Pan Pie) \$5.95 / Sicilian 9 Slices \$15.00 / 18" Lg 8 Slices \$15.75

Chicago Style <i>Pan pizza</i>	.....	2.50	19.95
Sicilian <i>With cheese</i>	.....	2.50	19.95
Stromboli Roll <i>Ham, pepperoni, sausage, cheese</i>	.....	.....	5.50
Chicken Stromboli <i>Strips of grilled chicken with garlic, broccoli, and green peppers</i>	.....	.....	4.95
Combo Stromboli <i>Ham, cheese, pepperoni, sausage</i>	.....	.....	5.50
Calzones, Ricotta, Mozzarella <i>Spinach, broccoli, pepperoni, sausage, ham, beef, all with cheese</i>	.....	.....	4.95
Rolls <i>Sausage, pepperoni, eggplant, spinach, broccoli, all with cheese</i>	.....	.....	4.95
Chicken Roll <i>Strips of chicken cutlet</i>	.....	.....	4.95

### Pizza Specialties

Individual / Pie / Slice

P 1. I Lover New York <i>With grilled chicken, meatball, sausage, bacon, vermont cheddar cheese, and mozzarella</i>	.....	3.50	7.95	23.00
P 2. Grilled mixed Veggie <i>With parmesan cheese</i>	.....	3.50	9.95	22.00
P 3. Margarita <i>With fresh mozzarella, tomato sauce, fresh basil, and parmigiana cheese</i>	.....	3.00	6.95	19.95
P 4. Mexican <i>With scallions, fresh tomatoes, mozzarella, jalapeno peppers, cheddar cheese and bacon</i>	.....	3.50	6.95	22.00
P 5. Supreme <i>With sausage, pepperoni, bacon, tri color peppers and mushrooms</i>	.....	3.50	6.95	22.00
P 6. Vegetarian <i>With broccoli, mushrooms, spinach, peppers, tomatoes, eggplant, tomato sauce and mozzarella</i>	.....	3.50	7.95	23.00
P 7. B B Q Chicken <i>With broccoli, tri color peppers and onions</i>	.....	3.50	7.95	24.95
P 8. Venesia <i>With chunks of chicken cutlet, peppers tomato sauce and cheeses</i>	.....	3.50	7.95	23.00
P 9. Primavera Pie <i>With cherry tomatoes, mushrooms, tri colored peppers, onions, tomato base, mozzarella and spices</i>	.....	3.00	6.75	19.95
P 10. White Pie <i>With ricotta, mozzarella and grated parmesan cheese no tomato sauce</i>	.....	3.00	6.95	18.95
P 11. Stuffed Meat Pie <i>With sausage, pepperoni and the finest blended cheese</i>	.....	.....	slice 3.95	pie 28.95
P 12. Stuffed Vegetarian Pie <i>With sauteed spinach, broccoli and mozzarella cheese</i>	.....	.....	slice 3.95	pie 28.95
P 13. Focaccia Pie <i>With plum tomato, basil and cheese</i>	.....	3.00	6.75	19.95
P 14. Lasagna Pie <i>With ground beef, ricotta and mozzarella</i>	.....	3.00	6.75	19.95
P 15. Whole Wheat Pie	.....	.....	slice 2.25	pie 15.95
<i>Toppings: Tri Color Peppers, Sauteed Spinach, Mushrooms, Broccoli, Ground Beef, Ham, Pepperoni, Sausage, Eggplant, Sauteed Onions, Fresh Pineapple, Roasted Garlic, Hot Cherry Potatoes, Mixed Grilled Vegetables, Bacon, Anchovies, Olives Capers, Meatballs, Sun Dried Tomatoes, Steamed Veggies, Fresh Mozzarella, Brie, Extra Cheese. / Add to Large Pie \$2.75 / Individual \$1.50 / On Slice \$0.75</i>	.....	.....	.....	.....

### Side Orders

Garlic Knots (3)	.....	1.50
Pepperoni Knots (3)	.....	1.75
Beef Patties	.....	1.95
<i>With cheese or pepperoni</i>	.....	2.70